

# OLYMPIC BIOGRAPHY IRELAND

## DENIS LYNCH, SHOW JUMPING



HORSE SPORT IRELAND



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|--|---|
| <b>Name:</b>   | Denis Lynch   |
| <b>Age</b>   | 32  |
| <b>Marital Status</b>  | Married, one daughter four years old.   |
| <b>Where were you born (village/town &amp; county)</b>         | Tipperary Town, County Tipperary, Ireland.  |
| <b>Where do you live now (village/town &amp; county)</b>       | Munster, Germany  |
| <b>Do you have brothers and sisters?</b>                       | One brother, one sister   |
| <b>Are you youngest/ oldest?</b>                               | Second oldest   |
| <b>Best Show Jumping achievements so far:</b>                  | Winning Grands Prix at Doha, La Baule, Rome, Hamburg, Dresden, and my fourth place in Monte Carlo.  |
| <b>Why did you pick Show Jumping? How did you get into it?</b> | I wanted to be a steeplechase jockey originally. I rode point-to-point and it developed from there.   |
| <b>What's your first memory of horses</b>                      | Bareback riding.  |
| <b>How did you learn to ride?</b>                              | By myself.  |
| <b>Number of Horses Owned?</b>                                 | My owner has five that I ride.  |
| <b>Favourite Horse ever ridden?</b>                            | Lantinus  |
| <b>Horse you would love to own:</b>                            | Oki Doki  |
| <b>Do you do participate in any other sports?</b>              | No  |
| <b>Best piece of advice about riding/show jumping given?</b>   | John Whitaker gave me the best advice when I was going into a jump-off. I asked him what I should do. He said: "Try to leave the jumps up." |
| <b>What's your worst habit?</b>                                | I sometimes try too hard  |
| <b>What's your favorite band?</b>                              | U2  |
| <b>Do you have a nickname you are willing to share?</b>        | Sometimes people call me Lynchie.   |

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| <b>Describe yourself in five words</b>                                | Very ambitious.  |
| <b>What was your first job?</b>                                       | Riding horses point-to-point   |
| <b>Who do you most admire and why?</b>                                | John Whitaker, for all that he has achieved, and for the sort of person he is. |
| <b>What advice would you give people new to the sport?</b>            | Try your best and never give up  |
| <b>What's your greatest fear?</b>                                     | Losing   |
| <b>What's your greatest ambition apart from winning the Olympics?</b> | To stay healthy  |
| <b>Do you like Chinese food?</b>                                      | Never really had any.  |

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Picture: Erin Cowgill